



The Squid Edition



"Be silly, be honest, be kind."

- Ralph Waldo Emerson





a Message from the Mermaid and the FrostbitFins Pod

And just like that - it's Fall!

The temps are starting to dip, and there is a decided nip in the air. But before we dive into the leaves that are about to fall - we wanted to send a special shoutout to the Stilt Circus who gave us one of our favorite moments at the Ninilchik Fair. Of course, getting to pet a pony definitely was a top 10!

September is my anniversary month, so I will be taking a couple weeks off to spend with my very handsome pirate! Spending time with him always makes me happy - and what happens when a Mermaid has an especially happy day? Ask a FeatherFin in the know - or join us at the Kenai Pumpkin Festival on October 7th to find out!

We love to see everyone at all our events, and sharing all the new items in our Grotto - and we have some great ideas for the upcoming holiday season. So be sure you are following us on Instagram and/or Facebook so you'll always know where to find us!

Have a happy September - and we'll Sea you soon!

AnneMeridia & the FbF Pod



October Shows and Appearances:

- 7 - Kenai Pumpkin Festival
- 14 & 15 - What Women Want Expo
- 21 & 22 - Sterling Fall Festival
- 31 - Trick or Treat Ally @ NPRSA



Stubby the Fearless Squid by Barbara Davis- Pyles

A great read-aloud picture book about a scaredy squid named Stubby (a stubby squid, rossia pacifica) who makes a BIG MISTAKE . . . getting a pen pal.

Intimidated by his new pen pal's name--Razor Clam--and the extraordinary stories Razor writes about his exploits, Stubby gets carried away making up fantastic stories of his own bravery that end up putting him in hot water when something real and scary happens. But perhaps all his brave imaginings have made him brave enough to find a happy ending?



Want to learn more about Squid? - Visit your local library today!



SEPTEMBER FIN FACTS WITH

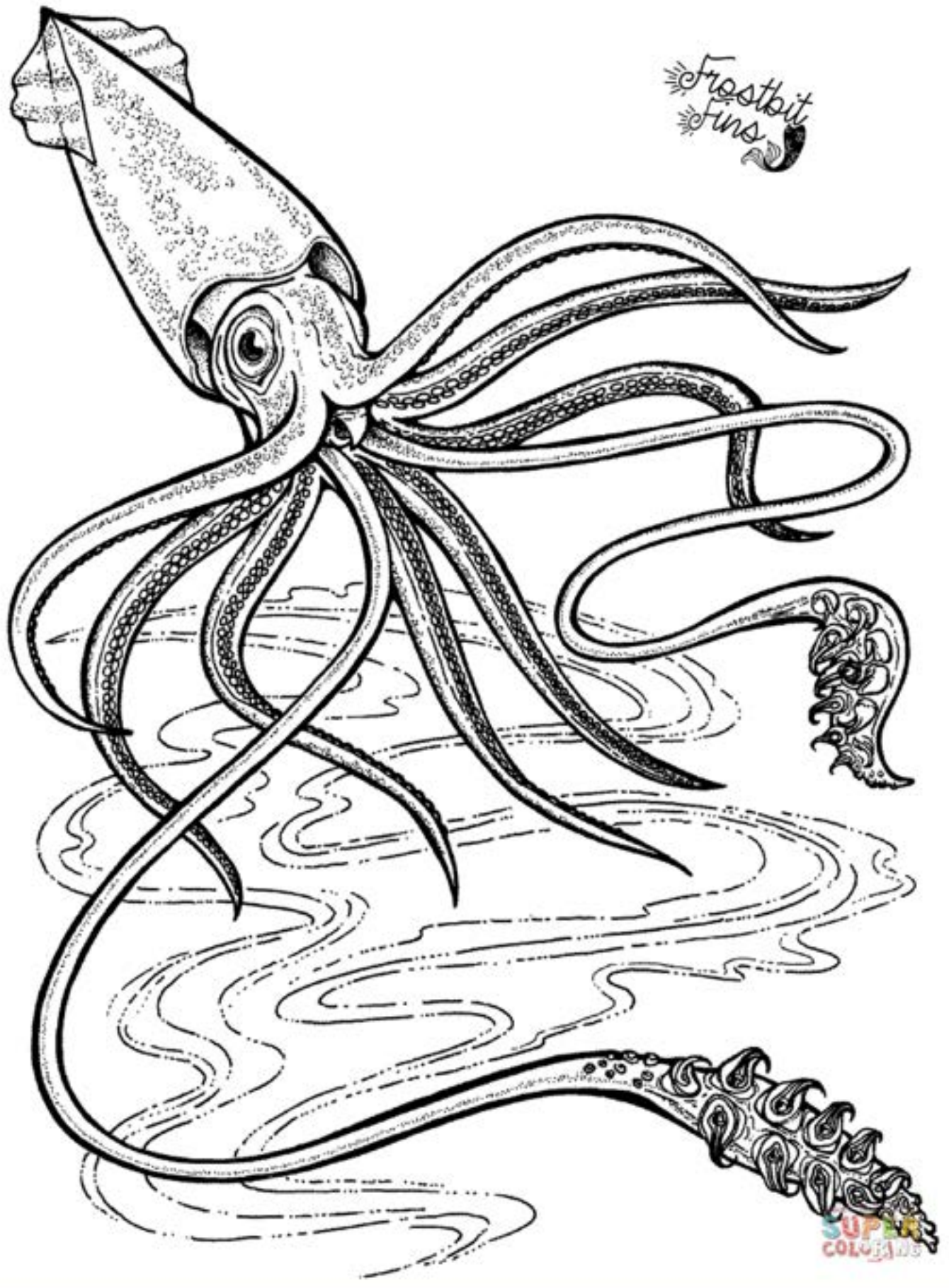


SQUID!

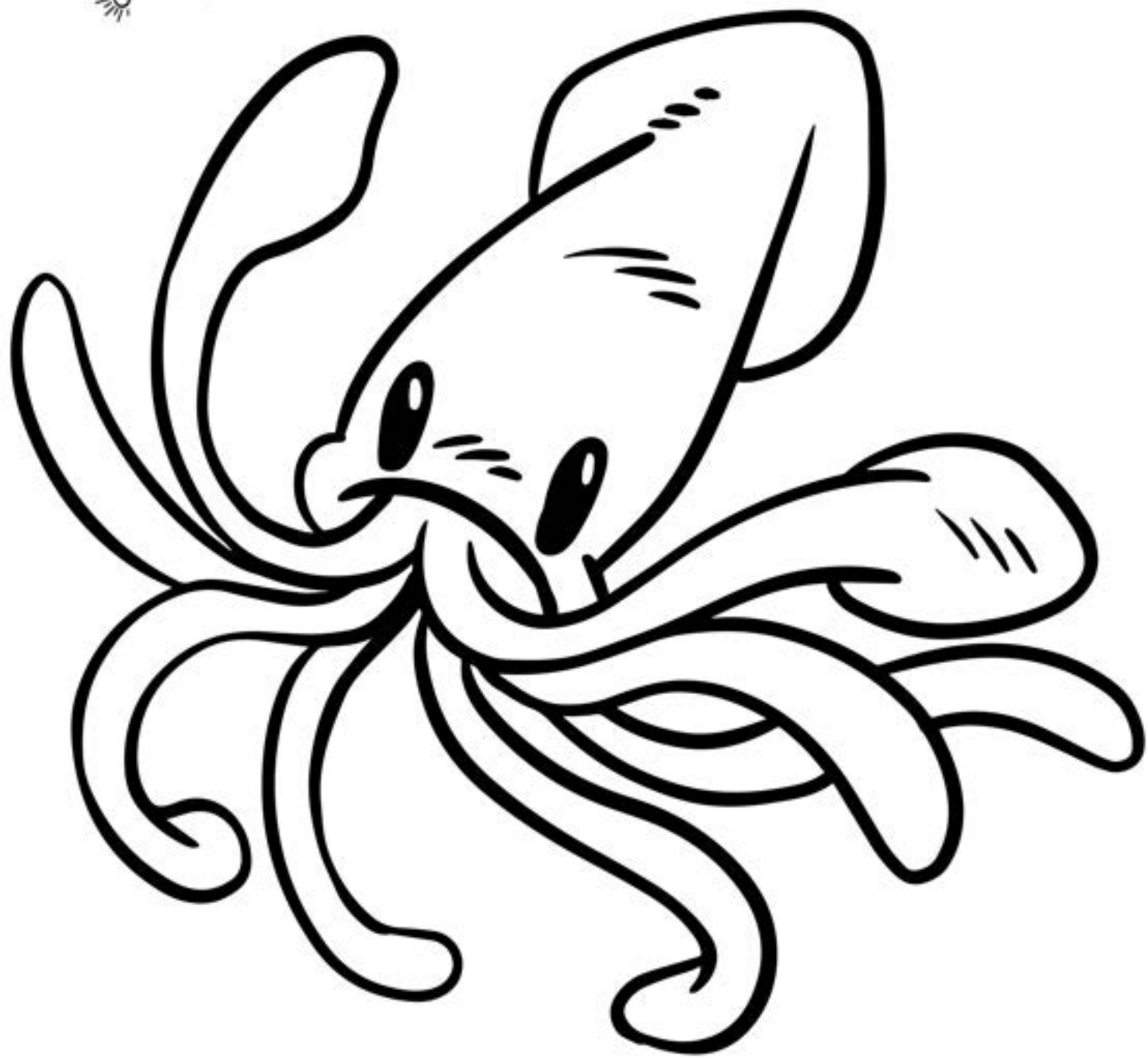


- Like the cuttlefish and octopus, a squid is a cephalopod.
- There are more than 250 species of squid, including Colossal, Humboldt, Caribbean Reef, Robust Clubhook, Swordtip, and Vampire squids.
- Squid have eight arms and two tentacles. The arms have suckers along the whole length, but the tentacles only have them at the club end. They use their tentacles to catch food and pull it in and their arms for controlling after.
- Squid move by sucking water in and expelling it. The force of the water coming out propels them forward. This form of propulsion makes it possible for squid to swim extremely fast.
- Squid vary drastically in size. The smallest squid, the two- color bobtail, as a fully grown adult measures only .7 inch. The largest, the colossal squid, is believed to grow as large as 46 feet long and have eyes as big as 16 inches!
- Controlled by the nervous system, squid have a natural camouflage. They are able to change their coloring and patterns to adapt to their environment and as a form of communication.
- The Caribbean reef squid is able to send messages to other squid by changing the color in its patterns.

Frostbit
Fins



SUPER
COLOURS



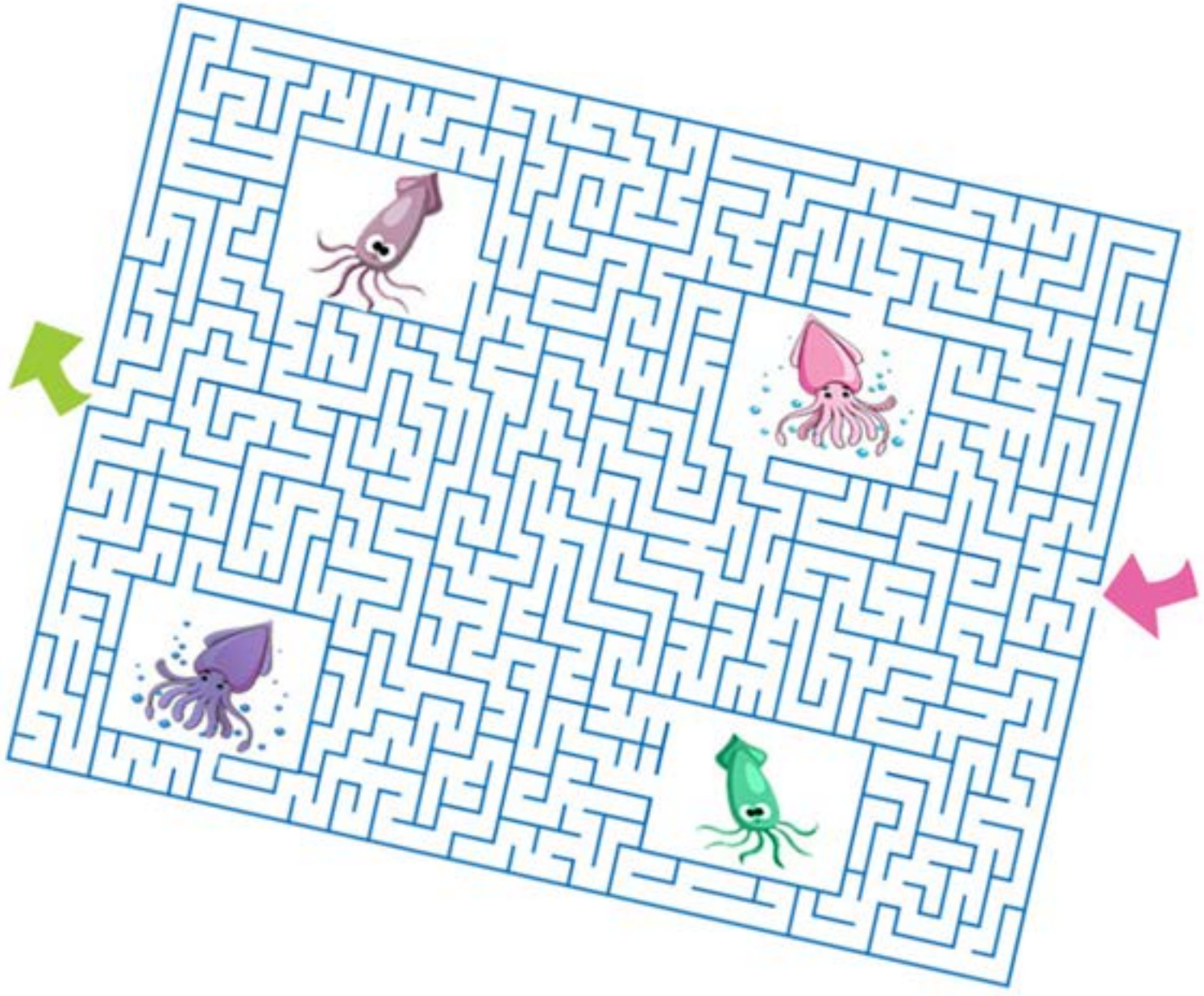
FACEBOOK & Instagram

Did you make the Guppy Goodies? Are you all finished with the coloring page(s)? Have mom and dad put them on social media and tag us @frostbitfins on Facebook and Instagram for a chance to be featured on our page and in next month's FeatherFinFlyer!



A-MAZE-ING SQUIDS!

Get through the maze and visit all the Squid Friends along the way!



LAST MONTH'S
Answers!

Northern Fur, Harbor
Spotted, Ringed
Northern Elephant
Ribbon, Bearded



SEPTEMBER Special Dates!

Birthday Club!

Wishing a FIN-tastic Birthday to:

- 09/01 Alexia S
- 09/01 Raiden H
- 09/03 Alexxis H
- 09/06 Riley S
- 09/07 Emma M
- 09/07 Ava W
- 09/08 Brielle C
- 09/08 Kristina H
- 09/08 Lily Z
- 09/13 Hope G
- 09/13 Sabrina A
- 09/15 Rory J
- 09/16 Violet A
- 09/18 Lucy Z
- 09/19 Isabella C
- 09/20 Nathan F
- 09/22 Finley B
- 09/23 Caleb W
- 09/26 Lilith W
- 09/28 Gracie B

Dates of Interest

- 09/04 Labor Day
- 09/05 Cheese Pizza Day
- 09/06 National Read a Book Day
- 09/10 Grandparent's Day
- 09/11 Patriot Day
- 09/15 Make a Hat Day
- 09/16 National Play Doh Day
- 09/18 National Cheeseburger Day
- 09/19 International Talk Like a Pirate Day
- 09/22 National Breakfast in Bed Day
- 09/25 National Comic Book Day
- 09/28 Ask a Stupid Question Day

*Happy
Birthday!*



Join the Frostbit Fins Birthday Club on our website at FrostbitFins.com



Guppy Goodies



No-Bake Honey Nut Cheerios Snack Bars

Ingredients

- ¼ c creamy unsalted butter
- ¼ c honey or light corn syrup
- ¼ c light brown sugar, packed
- 1 T vanilla extract
- 3 c Honey Nut Cheerios
- 1 c raisins (honey roasted peanuts, chopped almonds, or trail mix can be substituted)
- ½ c chocolate-covered sunflower seeds

Directions

1. Line an 8 inch square pan with foil leaving an overhang. Spray with cooking spray.
2. In a large microwave safe bowl combine butter, honey, and brown sugar and heat on high for 1 minute
3. Stir, then return to the microwave for 1 more minute on high. Repeat for a third time.
4. After the third time heating, carefully remove from the microwave. Stir in the vanilla extract using
5. caution as this will cause the mixture to bubble up
6. Stir in cereal
7. Stir in raisins (or substituted items)
8. Transfer mixture into the baking dish. Pack it down and smooth the top
9. Sprinkle the top with the chocolate covered sunflower seeds
10. Cover with foil and refrigerate for 2-3 hours
11. Remove from pan using the foil overhang
12. Slice bars and enjoy

Fin Funnies!

Who robs banks and squirts ink?

Billy the Squid!

What did the squid say on its birthday?

This is going to be ink-redible!

Why were the two cephalopods arrested?

For squidnapping!

Fintastic Deals!

Frostbit Fins Merch

Marvelous Mermaid Munchies, Stationary, Stickers and more - all at our online store - with free local pickup!
<https://frostbit-fins.square.site/>



Our New Apparel Shop!

Have you checked it out yet? T-shirts, Hoodies, and more! We even have tote bags and water bottles, all sporting our new mermaid mascot! Check it out here:
<https://frostbit-fins.printify.me/>



Mermaid
STRAW



VISIT MERMAIDSTRAW.COM AND USE THE CODE FROSTBITFINS FOR 15% OFF YOUR PURCHASE! HELP RID THE OCEANS OF PLASTIC, ONE SIP AT A TIME!